



Sand Flag Football

Fall 2010



Volley's Volleyball & Grill

2701 Douglas Avenue Des Moines IA 50310 Ph:255-6565

THE DETAILS.....

League Offered: Wednesday & Thursday Nights

League Times: 5:30pm, 6:30pm, 7:30pm, 8:30pm & 9:30pm

League Starts: Wednesday October 20th & Thursday October 21st

Sign Up Deadline: Sunday October 17th, at 10:00PM

Any 7 on 7 Combination

10 Teams per night is MAX. So sign up Early!

Teams May Participate with a minimum of 6 players

6 week season plus a day of playoffs.

Cost of league is ONLY \$219.00 per team! (only \$31 per player! Excludes Membership fee of \$8 & Tax)

Winner of each nights playoffs will play each other in the Volleybowl!

PLAYOFFS WILL BE PLAYED ON SATURDAY,

VOLLEYBOWL WILL BE PLAYED ON SUNDAY,

DON'T MISS OUT ON ANY OF THE ACTION!

Sign-UP NOW!



- Sign-up deadline is Sunday October 17th by 10:00PM

ALL TEAMS MUST BE PRE-REGISTERED & PAY BEFORE THEY CAN PLAY!! NO EXCEPTIONS

Fill Out Reverse Side & Turn In With Money



Volley's
Volleyball & Grill
An Outdoor Experience

Flag Football LEAGUE

PAYMENT TYPES

Check - (make out to Volley's 2701 Douglas Ave. Des Moines IA 50310)

Cash

Credit Card Type

Expiration: _____ Zip Code: _____

Fax over to (515)-255-1121

or call Volley's at (515)-255-6565

All fees are due with your registration form & before you can play!

Sand Flag Football Fees.....\$219.00 _____

Yearly Membership Fee.....\$8.00 _____

Amount Due _____

Amount Paid _____

Team Name: _____

Deadline For Sign-up is Sunday, October 17th by 10:00PM

Volley's Volleyball and Grill Waiver and Release of Liability Must be filled out completely!

The listed individuals must fill out the below information in order for a team to be eligible for tournament participation. They understand that Volley's Volleyball And Grill does not carry insurance to cover participants in the tournament. They further release Volley's Volleyball and Grill of any liability or responsibility due to injuries or losses received while participating in league, tournament, and/or open play. Thank You.

■ Captain Name: _____

Address: _____

City: _____ Zip: _____

Hm Ph: _____ Wk Ph: _____

E-mail: _____

Signature: _____

■ Name: _____

Address: _____

City: _____ Zip: _____

Hm Ph: _____ Wk Ph: _____

E-mail: _____

Signature: _____

■ Name: _____

Address: _____

City: _____ Zip: _____

Hm Ph: _____ Wk Ph: _____

E-mail: _____

Signature: _____

■ Name: _____

Address: _____

City: _____ Zip: _____

Hm Ph: _____ Wk Ph: _____

E-mail: _____

Signature: _____

■ Name: _____

Address: _____

City: _____ Zip: _____

Hm Ph: _____ Wk Ph: _____

E-mail: _____

Signature: _____

■ Name: _____

Address: _____

City: _____ Zip: _____

Hm Ph: _____ Wk Ph: _____

E-mail: _____

Signature: _____

■ Name: _____

Address: _____

City: _____ Zip: _____

Hm Ph: _____ Wk Ph: _____

E-mail: _____

Signature: _____

■ Name: _____

Address: _____

City: _____ Zip: _____

Hm Ph: _____ Wk Ph: _____

E-mail: _____

Signature: _____

www.volleysdm.com and www.plazalanesdm.com or call 255-6565 for more information.